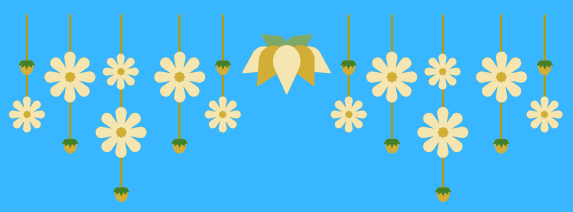




Summer Newsletter

2024



Alone we can do so little; together we can do so much.
-Helen Keller



The A.E.G.E. committee is looking for District 12 Zonta members who are interested in joining our district committee.
Contact: Julie.trone@hotmail.com



CALLING ALL ARTISTS



The Zonta Says NOW Virtual Art Gallery will be taking submissions starting July 1st, 2024
Learn more & download the Submission form at:

<https://zontasaysnowvirtualartgallery.org/>

District 12 Action for Environment and Gender Equality Climate Project Action Award

Congratulations

Our 2024 Awardees

Z - Club of the Zonta Club of Prower's County

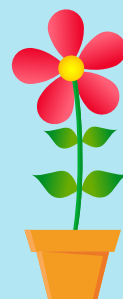
Z-Club of the Zonta Club of Laramie



Z Club Prowers County



Z Club Laramie



2025 Application Form coming soon at:
<https://zontadistrict12.org/zonta-says-now>

WHAT IS THE ZONTA USA CAUCUS?

The caucus is a growing body of Zontians from every U.S. district who work together in various committees to advocate as a nation to end violence against women, end child marriage, build a better world through climate justice, and more. All Zontians have access to resources, advocacy efforts, presentations, and more...



Go to: **<https://zontausa.org/>**



SUMMER TEMPERATURES ARE HERE WITH RISING TEMPERATURES FOR LONGER STRETCHES.

Let's learn the importance of staying cool and saving water

When temperatures climb there are risks:

- The water in our reservoirs evaporates at a faster rate leading to water shortages in our parched western states
- Violence increases with rising temps
- Our health is at risk for heat-related diseases such as; heat exhaustion and stroke, heart attacks, dehydration, sunburn, and increased fatalities.

Saving water saves money:

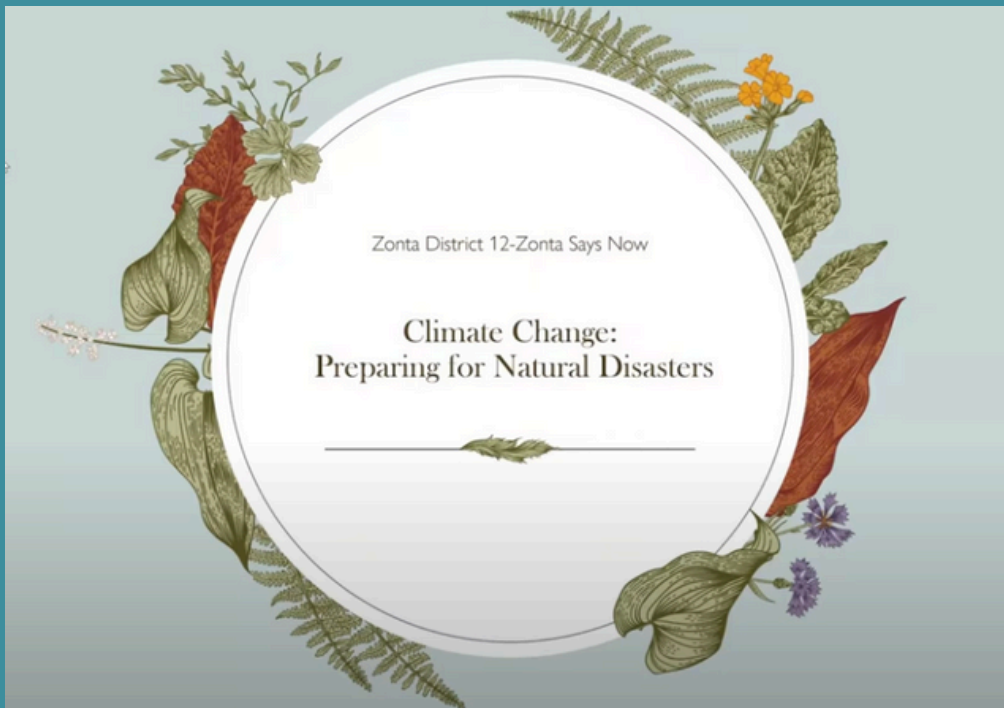
- Use only what you need by turning off faucets while scrubbing hands, face, dishes, showering, etc.
- Turn off hoses unless in use
- Sweep sidewalks instead of spraying with water
- Take shorter showers
- Collect gray water (used water from the shower or tub) to water plants
- Wash clothing less often *unless absolutely necessary*
- Use refillable water bottles. Collect any unused drinking water to water plants or add excess to the pet water bowl - *don't flush it away or spill it out onto the pavement.*
- If you have outdoor sprinklers do a water usage assessment to ensure water that you pay for is not overwatering



Are you prepared ?

Weather disasters in our district include fierce storms, wildfire, drought, floods, high winds and extreme heat

Click on the slide below to watch the video



Watch our District Zontian Liz Witham explain how to prepare for disaster and create a 'to go' bag.

or type this link to watch in your browser:
<https://www.youtube.com/watch?v=Sqq3KkR-irU>