

**ADVOCACY: the act or process of supporting a cause or proposal**

**ADVOCATE: a person who actively supports or favors a cause**

**Not all advocacy is lobbying but all lobbying is advocacy.**

(a great line stolen from the Alliance for Justice)

**Educating and Raising Awareness is a great place to start.**

**Advocate for what? What is your passion?**

Equal Rights Amendment  
Ending Human Trafficking  
Climate Change  
Equal Pay  
Women's Health

Women in STEM  
Stopping Domestic Violence  
Family Leave  
Women on Corporate Boards  
Ending Child Marriage

### **Advocacy Activities Ideas**

Art Show  
Postcard Party  
Distribute Posters  
Red Dress Project

Poster Contest  
Post of Social Media  
Distribute Coasters  
Community Discussion  
Sponsor Trainings

Show a Film  
Create a PSA  
Distribute Bookmarks  
What Were You Wearing

Work with Local Businesses

Partner with Like Minded Entities

### **Find More Ideas on Zonta Website**

See separate handout for guide on how to find other Clubs' Advocacy stories

### **Suggested District Project**

Suggestion: Each Club in some way or form spread information in their community about the human trafficking hotline number and/or domestic violence hotline number. Each Club can decide who to partner with (each other, another entity, no one), how to share the information (public restroom posters, bookmarks at the library, coasters in the bars, flyers at community events, pamphlet in hotel room, many other options)

### **Fast Action Fridays**

See separate handout for guide on how to sign-up and an easy way to weigh in on federal issues

### **Advocacy Open Discussion**

Join other Zontians from District 12 to discuss any questions, thoughts, ideas, about Advocacy without an agenda or preplanned conversation path.

Jan 30, 2023 06:00 PM Mountain Time

<https://us02web.zoom.us/j/3159567513?pwd=OTNTaXpEbkrRrUTN2eEJPU2taeENHQT09>

Meeting ID: 315 956 7513

Passcode: 429069

### **Submit Your Story to Zonta International**

See separate handout for directions to share with Zonta International



# HOW TO FIND WHAT OTHERS ARE DOING



Our Causes Our Programs News & Events About Us Get Involved

Our Causes Our Programs News & Events About Us Get Involved

Women in Business Scholarship

Women in STEM Scholarship

Young Women in Public Affairs Award

Zonta Says NO to Violence Against Women

HORIZONS

rate Amelia Earhart

n!



Our Actions



Your Story



Donate



Our Causes

## Zonta Club Bunbury participates in 'Choose Respect, Expect Respect' poster competition

© JANUARY 5, 2023

LEAVE A COMMENT



Leading up to this year's 16 Days of Activism Against Gender-Based Violence,



## HOW TO FIND WHAT OTHERS ARE DOING -- PART 2



Our Causes **Our Programs** News & Events All

Zonta International  
Our Programs

Amelia Earhart Fellowship  
Women in Business Scholarship  
Women in STEM Scholarship  
Young Women in Public Affairs Award  
Zonta Says NO to Violence Against Women  
**Local Service and Advocacy**  
Centennial Anniversary Grants



Zonta is making a difference through international projects and educational awards funded by the Zonta Foundation for Women and through the thousands of service and advocacy initiatives undertaken by

### ZONTA CLUB OF PORI | CELEBRATES INTERNATIONAL DAY OF THE GIRL

Posted on 1/12/2023

On 11 October, the Zonta Club of Pori, Finland, held an International Day of the Girl event for Ukrainian refugees.

### ZONTA CLUB OF FORT COLLINS GATHERS SUPPLIES FOR REFUGEE SHELTERS IN UKRAINE

Posted on 1/11/2023

The Zonta Club of Fort Collins, Colorado, USA, organized a service project to gather specific necessities for refugee shelters in Ukraine.



### CENTENNIAL GRANT AWARDEE HOSTS HUMAN TRAFFICKING EVENT

Posted on 11/11/2022

Thanks to a Zonta International Centennial Grant, the Douglas County Human Trafficking Task Force has developed the curriculum featuring a prevention presentation.




#### Centennial Grant Awardee hosts human trafficking event


The Zonta Club of Roseburg Area, Oregon, USA and the Douglas County Human Trafficking Task Force are hosting a Stand-Up Awareness and Education event.

The event will provide parents with more information about Trafficking Prevention Curriculum, which is now available to every middle and high school in the county. Thanks to a Zonta International Centennial Grant, the Douglas County Human Trafficking Task Force has developed the curriculum featuring a prevention presentation. Douglas County will be the first county in the state to offer prevention training to students between grades 6-12.



# ENGAGING IN FAST ACTION FRIDAY

[Home](#) [Our Programs](#) [News & Events](#) [About Us](#) [Get Involved](#) [Your Support](#) [My Zonta](#)



**EXPAND HORIZONS**  
Celebrate Amelia Earhart Month!  
[Give Today](#) [Learn more about our Fellows](#)

[Join](#)  
[Locate a Club](#)  
[Locate a Student Club](#)  
[eNewsletter Sign Up](#)  
[USA Advocacy Action Center](#)  
[End Child Marriage in the United States](#)

**ZONTA USA**

**TAKE ACTION NOW!**

**ZONTA USA ADVOCACY ACTION CENTER**

Zonta International is a global organization of individuals dedicated to empowering women worldwide through service and advocacy. The Zonta USA Advocacy Action Center is a tool for our members in the United States and other individuals who share our commitment to gender equality to take action to improve the lives of women and girls. With your help, we can make a difference. In addition to the actions below, [click here](#) to support our joint efforts with UNICEF USA to end child marriage in the United States.

[Track Legislation](#)

[Federal Campaigns](#) [State Campaigns](#)

**Secure gender equality in the Constitution**

The Equal Rights Amendment (ERA) makes it illegal to discriminate based on sex. Despite it first being written 100 years ago, it is still not officially part of the United States Constitution. On January 27, 2020, Virginia became the 38th state to ratify the ERA. Though the...

**Support survivors of domestic violence**

An estimated 10 million people in the United States are abused each year, and one in four women are victims of domestic violence. The Family Violence Prevention and Services Act (FVPSA) supports life-saving services such as emergency shelter, crisis counseling, safety...

**Sign Up for Alerts**

Enter your information below to sign up



**Find Legislation**


View and search for legislation



[View key legislation](#)


**Sign Up for Alerts**

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**Find Legislation**


View and search for legislation



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**Find Officials**

☒ Elected Officials ☐ Candidates





# SUBMITTING A STORY TO ZONTA INTERNATIONAL



Our Causes Our Programs News & Events All

HORIZONS

rate Amelia Earhart  
n!

Young Women in Public Affairs Award

Zonta Says NO to Violence Against Women

ABOUT



Club Actions

GET THE FACTS



Your Story

TAKE ACTION



Donate



Our Causes

Username

PARRISHZONTA@GMAIL.COM

Password

\*\*\*\*\*



My Zonta

Share Your Story



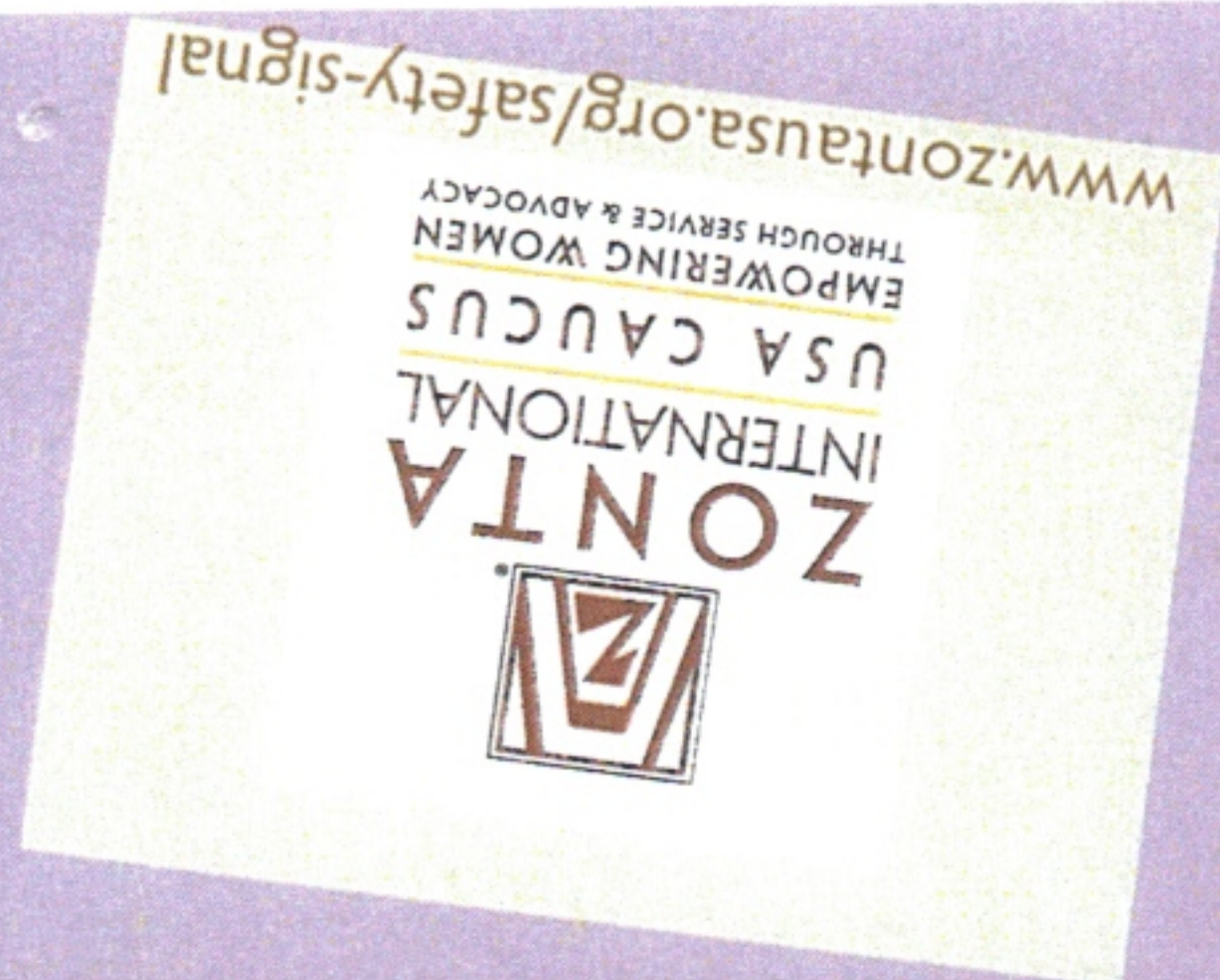
## 1. SUBMIT YOUR STORY

Please fill out the following form to share your club's story with us. After it is reviewed and edited, it will be posted at [zonta.org/LocalServiceandAdvocacy](http://zonta.org/LocalServiceandAdvocacy).

Share Your Story

Local Service and Advocacy Action





# Know the SAFETY Signal

Watch for it on video chat, in public and in private  
It indicates

"Reach Out to Me Safely"

source: Canadian Women's Foundation



## Violence at Home Signal

## Know the SAFETY Signal

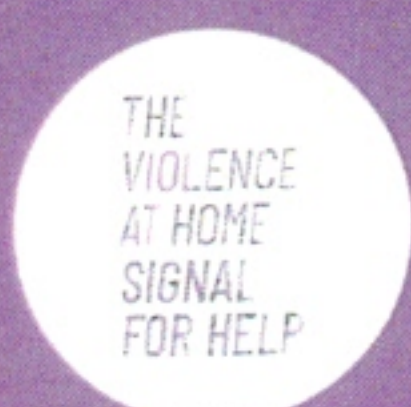
United States

DV Resources

Call 1-800-799-7233

National Domestic Violence Hotline:  
<https://ncadv.org/get-help>

Online domestic violence shelter search:  
<https://www.domesticshelters.org/>



## What Do I Do if I See Somebody Use the Signal for Help?

Reach out to them safely to find out what they need. They may ask you to listen and be there for them. They may ask for help finding services. They may want you to call someone to help them. Let the person using the Signal take the lead.

