



## 16 Days of Activism Against Gender-Based Violence

### Day 12

#### Domestic Violence and Sexual Assault

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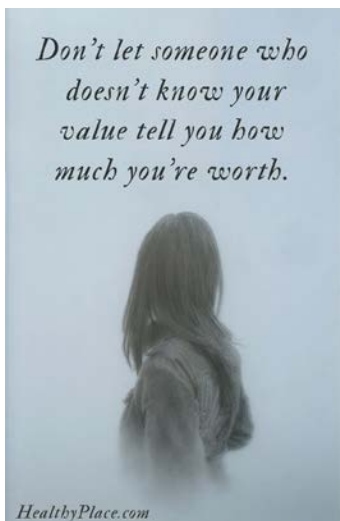
##### HOW DO DOMESTIC VIOLENCE AND SEXUAL ASSAULT INTERSECT?

Perpetrators who are physically violent toward their intimate partners are often sexually abusive as well. Victims who are both physically and sexually abused are more likely to be injured or killed than victims who experience only one form of abuse. Abusers assault people of all genders, races, ages, social classes and ethnicities. Women who are disabled, pregnant or attempting to leave their abusers are at greatest risk for intimate partner rape.

With the recent #MeToo movement, sexual violence has never been such a large part of our national conversation. But what about sexual abuse victims whose abusers are not a stranger or an acquaintance? What about victims who are sexually abused by an intimate partner?

##### DID YOU KNOW?

- ✚ 1 in 5 women in the U.S. will be raped in her lifetime.
- ✚ Nearly 1 in 2 women and 1 in 5 men will experience sexual violence victimization other than rape at some point in her lives.
- ✚ Intimate partner sexual assault and rape are used to intimidate, control and demean victims/survivors of domestic violence.



- ✚ Intimate partner sexual assault is more likely than stranger or acquaintance assault to cause physical injury.
- ✚ Between 14% and 25% of women are sexually assaulted by intimate partners during their relationship.
- ✚ Between 40 and 45 percent of women in abusive relationships will also be sexually assaulted during the course of the relationship.
- ✚ Women who are sexually abused by intimate partners report more risk factors for intimate partner homicides than non-sexually abused women.<sup>10</sup>
- ✚ Women who are sexually abused by intimate partners suffer severe and long-lasting physical and mental health problems, similar to those of other rape victims. They have higher rates of depression and anxiety than women who were either raped by a non-intimate partner or physically but not sexually abused by an intimate partner.

##### MARITAL RAPE

- ✚ 18 percent of female victims of spousal rape say their children witnessed the crime.
- ✚ Between 10 and 14 percent of married women will be raped at some point during their marriages.
- ✚ Only 36 percent of all rape victims ever report the crime to the police. The percentage of married women who report a spousal rape to the police is even lower. Marital rape is the most underreported form of sexual assault.
- ✚ Until 1976, state laws specifically exempted spousal rape from general rape laws. In 1976, Nebraska was the first state to legally recognize nonconsensual intercourse with a spouse is rape. By 1993, all 50 states had either completely or partially repealed their spousal rape exemptions. However, even now, some states still have some form of spousal rape exemptions, and it is often legally considered a different, lesser crime than non-spousal rape.
- ✚ **Many Americans do not believe marital rape is actually rape. THIS IS NOT ACCEPTABLE.**

##### HOW TO HELP

- ✚ Demand state legislators update rape laws to include marital rape rather than considering marital rape a different crime.
- ✚ Work with local schools, local Zonta clubs, religious youth groups, and other youth-oriented programs to teach about healthy sexuality and healthy relationships.

- ✚ Ask local schools and universities to address the issue of sexual violence in their classrooms and through victim assistance programs.
- ✚ Ask your members of Congress to support funding for programs created in the Violence Against Women Act.