

## 16 Days of Activism

### Day 6

# UNPACK THE EVERYDAY

## FOR WOMEN, THE FEAR OF VIOLENCE IS AN EVERYDAY REALITY.

Whether it's on their way to work, at home or anywhere in between, women carry a heavy burden—physically, emotionally, and financially—to feel safe. Unpack the Everyday created by UN Women shows the lengths women go to protect themselves with objects they carry in their bags every day:

*Women store everything from pepper spray to emergency cash in their handbags—just in case.*

*Women walk with keys between their fingers—just in case.*

*Women wear headphones not just for music, but also to ignore unwanted advances from men.*

*Women watch over their drinks for fear of being drugged and assaulted.*

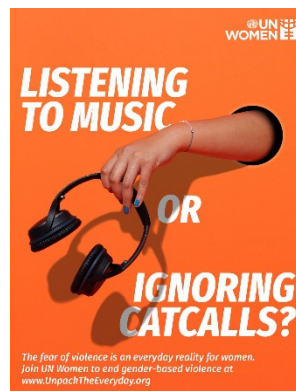
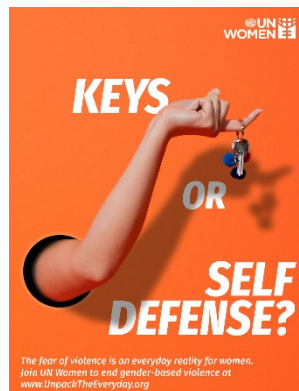
*Women think twice about what shoes to wear in case they have to run from danger.*

*Women wear sunglasses not just for bright days, but also to avoid unwanted eye contact with men.*

*For women, a charged phone is a lifeline to safety.*

*For women, even a small dog can be a guard dog.*

This needs to change. Creating a violence-free world for women and girls —online and offline—means every one of us must take collective action today and every day. From recognizing and listening to women, to speaking out, to calling out unacceptable jokes and behavior, we all have an active role to play.



**UN WOMEN**

**FOR COMFORT**

OR

**FOR RUNNING AWAY?**

*The fear of violence is an everyday reality for women. Join UN Women to end gender-based violence at [www.UnpackTheEveryday.org](http://www.UnpackTheEveryday.org)*

**UN WOMEN**

**BLOCKING SUNLIGHT**

OR

**BLOCKING EYE CONTACT?**

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**UN WOMEN**

**CHARGER**

OR

**LIFELINE?**

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**UN WOMEN**

**BEST FRIEND**

OR

**BEST DEFENSE?**

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**ZONTA SAYS NO**

**TO VIOLENCE AGAINST WOMEN**