



Zonta Mother's Day 5k Run/Walk

*Sunday, May 8th, 2016
Alice Hardy Stevens Center
603 East Iverson Avenue
On the grounds of the Laramie Plains Museum,
Iverson Mansion*

***Registration: 8am
Race Start: 9am***

Fees and Registration:

*Event fee: \$15 through May 1st, or \$20 on Race Day
Your entry fee includes a drawstring backpack, course aid, and breakfast treats!
Prizes given for age groups (1st – 3rd), and as door prizes!*

Pre-Register by Mail (by May 1st)

*Send Completed Registration form and fee to:
Zonta Club of Laramie
PO Box 2196
Laramie, WY 82073*

Pre-Register Online

*By visiting [Active.com](http://www.active.com/laramie-wy/running/distance-running-races/zonta-mother-s-day-5k-2016)
<http://www.active.com/laramie-wy/running/distance-running-races/zonta-mother-s-day-5k-2016>*

Or Register on Race Day!

*For more information, please
contact the race director:
Tamara Bretting
tbretting@gmail.com
307-760-6488*

Proceeds Benefit:

- Climb Program
- Downtown Clinic
- Reproductive Health
- Albany County SAFE Project
- Interfaith
- Laramie Head Start
- And Many Others!





Registration Form

Zonta Mother's Day 5k Run/Walk

Sunday, May 8th, 2016

Alice Hardy Stevens Center, 603 East Ivinson Ave.

9am Start

- Held in Laramie each year, this charitable Run/Walk supports our community by raising funds for programs such as Climb Wyoming, Downtown Clinic, Reproductive Health, Albany County SAFE Project, Interfaith, Laramie Head Start, and many more.
- The entry fee for the event is \$15 for pre-registrants (through May 1st), or \$20 on race day. This entry fee comes with a Zonta tote bag, course aid, and breakfast treats. There will also be prizes awarded to the top 3 finishers in each age group and door prizes open to all participants.

Make Checks Payable and Send Registration forms to:

Zonta Club of Laramie
PO Box 2196
Laramie, WY 82073

For More Information Contact the race director:

Tamara Bretting
tbretting@gmail.com
307-760-6488

You can also register online!

<http://www.active.com/laramie-wy/running/distance-running-races/zonta-mother-s-day-5k-2016>

Registration and Waiver

Name: _____

Sex: _____M _____F Birthdate: ____/____/____ (used for age group placement only)

Address: _____

City: _____ State: _____ Zip: _____ Email: _____



ZONTA
INTERNATIONAL
EMPOWERING WOMEN
THROUGH SERVICE & ADVOCACY

I, the undersigned, knowingly accept and fully understand the inherent risks in running a race. For acceptance of my registration to participate in this event, I hereby release the Zonta Club of Laramie, volunteers, participants, and sponsors from any and all claims or liabilities that may arise from my participation in the competition.

Signed: _____ Date: _____

