



16 Days of Activism Day 15

On day 15, it is time to focus on service actions that are aimed at preventing gender-based violence or assisting survivors. Support local organizations responding to the increase in domestic violence during the COVID-19 pandemic. Since the outbreak of the COVID-19 pandemic, Zontians around the world have stepped up to aid first responders by providing essential equipment, provide and serve food to those in need, educated the community about survivor hardships, donate supplies to domestic violence shelters, and much more. As is the case with any crisis, violence against women, particularly domestic violence, has been on the rise. What can you do to help?

- ✚ Make a donation of goods or services to a local domestic violence shelter. Find out what they need and how best to deliver the items.
- ✚ Support local organizations responding to the increase in domestic violence during the COVID-19 pandemic.
- ✚ Provide boxes of food to food banks or other organizations serving the low-income community.
- ✚ Support local human trafficking task forces or organizations assisting human trafficking survivors.
- ✚ Contact your local Zonta club or Zonta International and make a donation toward programs directed at ending gender-based violence.
- ✚ Support services in your community that combat elder abuse.
- ✚ Contact organizations that are active in the #MMIW movement.

ACTION = EMPOWERMENT

INTIMATE PARTNER VIOLENCE

is one of the most common forms of violence against women

includes physical, sexual and emotional abuse, as well as controlling behavior by an intimate partner



THESE VIOLATIONS RESULT IN SERIOUS SHORT AND LONG-TERM:

- ▶ physical problems
- ▶ reproductive problems
- ▶ sexual problems
- ▶ mental health problems
- ▶ and increased vulnerability to HIV



30% of women worldwide who have been in a relationship report that they have experience some form of physical and/or sexual violence by their intimate partner.

34% of female homicide victims in 2017 were killed by a former or current intimate partner.

Say NO to violence against women and end child marriage for girls



#ZontaSaysNO
#EndChildMarriage
#16Days



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Facts from WHO and UNODC