

ZONTA SAYS NO TO VIOLENCE AGAINST WOMEN

16 Days of Activism Day 16

Stand Up For Someone's Rights!

Today is the final day of the 16 Days of Activism – World Human Rights Day. Human Rights Day is observed every year on 10 December. Human Rights Day commemorates the day the General Assembly of the UN adopted and proclaimed the Universal Declaration of Human Rights. The UDHR is one of UN's major achievements as well as the first enunciation of human rights across the world.

INTERNATIONAL HUMAN RIGHTS DAY



Adopted on 10th December 1948, the Declaration stipulates universal values and a shared standard of achievement for everyone in every country. While the Declaration is not a binding document, it inspired over 60 human rights instruments that today make a common standard of human rights. It is the most translated document around the globe – available in over 500 languages.

We celebrate all our inalienable rights and freedoms including a right to education, a decent living, health care and a right to live free from any form of discrimination, whether based on race, color, gender,

language, religion, political or other opinion, national or social origin, property, birth or other status.

Despite the efforts to protect human rights, the hostility toward human rights and those who defend them continues to rise. Extremist movements subject people to horrific violence. Messages of intolerance and hatred prey on our fears. Humane values are under unprecedented attack. As a result, on this year's Human Rights Day we all need to advocate for our rights and those of others – civil, economic, political and cultural rights. We must reaffirm our common humanity. Wherever we are, we can make a real difference -- in the street, in school, at work, in public transport, at church, at sporting events, in the voting booth, on social media.

The time for this is now. “We the people” can take a stand for rights. And together, we can take a stand for more humanity. No action is too small. They all add up to make a noticeable and positive impact. But it has to start with each of us. Step forward and defend the rights of a refugee or migrant, a person with disabilities, an LGBTQ person, a woman, a child, indigenous peoples, a minority group, or anyone else at risk of discrimination or violence.

SAY NO TO VIOLENCE AGAINST WOMEN NOW!