

DAY 3 – 16 DAYS OF ACTIVISM

INTIMATE PARTNER VIOLENCE

is one of the most common forms of violence against women

includes physical, sexual and emotional abuse, as well as controlling behavior by an intimate partner

THESE VIOLATIONS RESULT IN SERIOUS SHORT AND LONG-TERM

- ▶ physical problems
- ▶ reproductive problems
- ▶ sexual problems
- ▶ mental health problems
- ▶ and increased vulnerability to HIV

30% of women worldwide who have been in a relationship report that they have experience some form of physical and/or sexual violence by their intimate partner.

38% of all women who were murdered were victims of their intimate partner



ZONTA SAYS NO
TO VIOLENCE AGAINST WOMEN

#ZontaSaysNO
#16DaysOfActivism
ZontaSaysNo.com

Facts from WHO

What can you do to prevent Intimate partner violence? We invite you to use one of the five ways in which you can become an ally in our efforts to end violence against women:

- Listen – be open to learning from the experiences of others.
- Believe – support survivors and those affected by violence.
- Speak out – add your voice to call out violence.
- Intervene – find a safe way to help when you see acts of intimate partner violence.
- Act – give your time to organizations working to end violence, and be the change you want to see.



#MYACTIONSMATTER

What can **you** do to take action against gender-based violence?

BELIEVE.

Believe survivors and those who have been affected by gender-based violence. Hear their truths and support their stance.